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25th March 2021

Dear Parents and Carers,

Our closure of bubbles this week has been a reminder to us all that the COVID 19 infection has not disappeared and we must remain extremely cautious. Adhering to all the guidance that has been issued is our duty, both at home and school to ensure we help stop the spread.

If you or your child is experiencing any of the 3 main symptoms:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Do not enter the school site. Book a test through the NHS app or by telephoning 119. All household members need to self-isolate until the result of the test is received. If the result is positive, your child and all family members living in the same home will need to self-isolate for 10 days, counting from the first day of symptoms.

The list below are wider symptoms that children may exhibit.
(Source: Public Health, Worcestershire County Council)

Loss of Appetite	Sore Throat
Extreme Tiredness	Sneezing
Headaches	*Diarrhoea (must be clear of symptoms for 48hrs before returning to school)
Joint Pain or Muscle Ache	**Vomiting (must be clear of symptoms for 48hrs before returning to school)
Nausea	Runny Nose or Congestion

It is recommended that all children and staff in education settings get a Covid-19 test as a precaution if they display any of these wider symptoms. The national testing centres across the county have good availability and tests can be booked through the NHS website [NHS website](#). When booking a test, you will need to select "My local council or health protection team has asked me to get a test, even though I do not have symptoms", if your child does not have one of the three main symptoms.

If your child's class bubble is closed due to a positive case, please complete their self-isolation period at home. Do not bring them to school to collect other siblings or take them for walks or bike rides, as they may be asymptomatic.

Although the parks are open, please consider an alternate time to take your child. Perdiswell Leisure Centre Park can be extremely busy at home time, and large groups of children, from all school bubbles, are mixing together.

We continue to work extremely hard to maintain the safest environment for all pupils and staff. Please adhere to all procedures that we have adopted to reduce the risk to our school community.

Thank you for your ongoing co-operation and support.

Yours sincerely

Rachel Hughes