

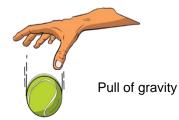
#### Forces

A force is a push or pull that **acts upon an object**. **We can't see forces**, but they are an important part of our everyday lives. We **push and pull** objects to do many different things. When we push or pull objects we can **move** the object, **change the shape** of the object **or make the object change direction**.

#### Gravity

Gravity is a force which **acts at a distance**. It is a **pull force** that pulls objects towards the centre of the Earth.

The planets and the Sun do not touch, yet the **planets stay in orbit** around the Sun due to the force of gravity.





### Examples of Pushes and Pulls



# Did you know?

Sir Isaac Newton was a scientist who developed the first description of the force of gravity. Newton said that he started thinking about gravity after watching an apple fall from a tree but it did not actually hit him on the head, as it is often claimed!

#### **Friction**

Friction is a **force created between two surfaces when they rub together**. Friction creates heat and always **slows down an object**. Rough surfaces create more friction than smooth surfaces.



## Air Resistance

Air resistance is a force that acts in **the opposite direction to gravity**. **It acts between** a moving object and the air molecules around it, slowing the object down. Air resistance is a type of **friction**. **Parachutes** are used to

increase air resistance and slow down the parachutist, so they can land safely. Modern cars and planes are **streamlined in design** to reduce air resistance, allowing them to move faster.



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## **Key Vocabulary**

Attract - to pull towards Contact - when objects touch Distance - the length between two objects Force - a push or pull that acts upon an object that can cause it to move, change shape or change direction Friction - the force that acts upon one surface when it moves against another Gravity - a pull force that acts at a distance Pull - to move something towards Push - to move something away Repel - to push away Resistance - an opposing or slowing force

# Water Resistance

Water resistance is the force responsible for making it difficult for us to **move through the water**. It acts between a moving object and the **water molecules** around it, **slowing the object down**.

