



## Tudor Grange Primary Academy Perdiswell

### PE Curriculum Map

EYFS	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Fundamental Knowledge:</b> <b>Fine Motor</b>	<b>Gross Motor</b> Revise and refine the fundamental movement skills they have already acquired: rolling, crawling, walking, jumping, running, hopping, skipping, climbing <b>Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming.</b>	<b>Gross Motor</b> Combine different movements with ease and fluency <b>Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</b>	<b>Gross Motor</b> Further develop and refine a range of ball skills (including: throwing, catching, kicking, passing, batting, and aiming) developing confidence, competence, precision and accuracy.	<b>Gross Motor</b> Know and talk about the different factors that support their overall health and wellbeing: regular physical activity, healthy eating, tooth brushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian	<b>Gross Motor</b> -Negotiate space and obstacles safely, with consideration for themselves and others. - Demonstrate strength, balance and coordination when playing. -Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	
<b>Fundamental Knowledge:</b> <b>Gross Motor</b>	<b>Fine Motor</b> Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons.	<b>Fine Motor</b> Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons.	<b>Fine Motor</b> Develop the foundations of a handwriting style which is fast, accurate and efficient.	<b>Fine Motor</b> Develop the foundations of a handwriting style which is fast, accurate and efficient.	<b>Fine Motor</b> -Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases. -Use a range of small tools, including scissors, paintbrushes and cutlery. -Begin to show accuracy and care when drawing.	

Year Group	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Dance: Unit 1	Dance: Unit 2	Ball Skills: Unit 1	Ball Skills: Unit 2
	Fundamentals: Unit 1	Fundamentals: Unit 2	Gymnastics: Unit 1	Gymnastics: Unit 2	Games: Unit 1	Games: Unit 2
Year 1	Fundamentals	Sending and Receiving	Team Building	Gymnastics	Athletics	Striking and Fielding Games
	Ball Skills	Fundamentals	Dance	Netball and Wall Games	Invasion Games	Target Games
Year 2	Fundamentals	Sending and Receiving	Dance	Gymnastics	Athletics	Striking and Fielding Games
	Ball Skills	Fundamentals	Team Building	Net and Wall Games	Invasion Games	Target Games
Year 3	Fundamentals	Ball Skills	Dance	Gymnastics	Athletics	Tennis
	Netball Fitness	Tag Rugby	Hockey	Basketball	Cricket	OAA
Year 4	Fundamentals	Fitness	Gymnastics	Dodgeball	Athletics	OAA
	Football	Dance	Swimming	Swimming	Rounders	Tennis
Year 5	Hockey	Fitness	Dance	Netball	Athletics	Tennis
	Netball	Basketball	Tag Rugby	Volleyball	OAA	Cricket
Year 6	Basketball	Football	Gymnastics	Dodgeball	Athletics	OAA
	Fitness	Hockey	Tag Rugby	Netball	Rounders	Handball
	Fundamentals					